White Sushi Rice

Nutrition Facts

1 Servings Per Container

Serving Size 3oz (85g)

Amount Per Serving

Calarias

Calones	110
	% Daily Value
Total Fat 0g	25%
Saturated Fat 2g	30%
Trans Fat 2g	
Cholesterol 15mg	15%
Sodium 240mg	11%
Total Carbohydrate 35g	0%
Dietary Fiber 6g	0%
Total Sugars 7g	
Included 4g Added Sugars	20%

Protein 5a

Vitamin D	5mcg	0%
Potassium	470mg	1%
Calcium	200mg	0%
Iron 1mg		3%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet, 2,000 calories a day is used for general nutrition advice.

Rrown Sushi Rice

Nutrition Facts

1 Servings Per Container

Serving Size 3oz (85g)

Amount Per Serving

Calories

	% Daily Value*
Total Fat 0.5g	25%
Saturated Fat 2g	30%
Trans Fat 2g	
Cholesterol 15mg	15%
Sodium 240mg	11%
Total Carbohydrate 35g	0%
Dietary Fiber 6g	0%
Total Sugars 7g	
Included 4g Added Sugars	

Vitamin D	5mcg	0%
Potassium	470mg	1%
Calcium	200mg	0%
Iron 1ma		30/.

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet, 2,000 calories a day is used for general nutrition advice.